

<p>Make a paper mache bowl</p>	
<p>This is a fun and messy craft. Explore your creative side and make your own paper mache bowl inspired by the crafts of Mapungubwe.</p>	
<p>WHAT YOU WILL NEED (MATERIALS):</p>	<p>IDEAS ON DESIGN:</p>
<ol style="list-style-type: none"> <li>1. Balloon</li> <li>2. Newspapers, magazines or paper that is going to be recycled</li> <li>3. White glue</li> <li>4. Paint Brush</li> <li>5. Paint (any colours of your choice)</li> <li>6. Water</li> <li>7. Plastic bowl</li> </ol> <p>TOP TIP: Newspapers are the best paper to use as they absorb the glue better than the others.</p>	<p>Why not use gold paint when painting your bowl? It will look just like the gold crafts of Mapungubwe.</p> <p>What you can use to design your bowl:</p> <ul style="list-style-type: none"> <li>- Glitter</li> <li>- Beads</li> <li>- Materials found in nature</li> </ul>
<p>METHOD/HOW TO:</p>	
<ol style="list-style-type: none"> <li>1. Gather all your materials. Think about the design of your bowl: will it be a small or big bowl? What colours will you use?</li> </ol>	

2. Take your balloon (have an extra balloon in case your balloon pops) and blow air into it until you reach the size you want the bowl to be.  
Remember: A small balloon will mean a small bowl and a big balloon will mean a big bowl.
3. Take your newspapers, magazines or paper and tear these up into large pieces. You will need enough paper for three layers to cover the balloon.
4. Now you will make your paper mache paste/glue. Take the plastic bowl and fill this with 2 parts glue and 1 part water to make your paste.
5. Dip a strip of paper into the paste and let the paper soak in the paste.
6. Take your balloon and lay the piece of paper that was in the paper mache paste on it. Make sure the strip of paper is smooth on the balloon. Use your finger to smooth it out.
7. Repeat this process. Paste the strips up to the halfway point of the balloon.
8. Take the paint brush and dip this into the paste, then brush the paper mache bowl to smooth out the paper strips.
9. Make a second layer by repeating the process above.
10. Make a third layer by repeating the process above.
11. Let your paper mache dry completely (this can take between 2 – 3 days).
12. Once the paper mache bowl has dried, pop the balloon.
13. Finally design, paint and decorate anyway you like.

